



UNITED MARTIAL ARTS JR TESTING APPLICATION

DUE BY MAY 31ST

NAME _____

EMAIL _____

CURRENT RANK _____

ALL TESTS WILL BE HELD AT 2110 WEST SUPERIOR ST *NO CLASSES DURING TESTING WEEK*
PLEASE ATTEND THE BELT TEST OF YOUR CURRENT RANK* ANY MAKE UP TEST WILL BE UPON APPROVAL ONLY AND WILL INCUR AN ADDITIONAL FEE

TEST TIMES

ALL BLACK BELTS AND PHASE 1 CANDIDATES – MONDAY, JUNE 4TH @ 5:30PM

WHITE AND SOLID YELLOW BELTS – TUESDAY, JUNE 5TH @ 5:00PM

YELLOW/BLACK STRIPE, ORANGE, ORANGE/BLACK STRIPE BELTS – TUESDAY, JUNE 5TH @ 6:30PM

BLUE, BLUE/BLACK, GREEN BELTS – THURSDAY, JUNE 7TH @ 5:00PM

ALL GREEN/BLACK, PURPLE, BROWN AND RED BELTS – THURSDAY, JUNE 7TH @ 6:30PM

TEST FEES

*STANDARD TEST FEE-\$40.00

*BLUE BELT TEST - \$105.00 (INCLUDES CUSTOM UNIFORM)

*PHASE 1 BLACK BELT TEST - \$145.00 (INCLUDES CUSTOM UNIFORM/CERTIFICATE)

*FULL JR BLACK BELTS – \$160.00 (INCLUDES CUSTOM UNIFORM/CERTIFICATE/CUSTOM BELT)

TRADITIONAL STANCE BASICS

DOUBLE PUNCHING ()

SINGLE PUNCHING ()

HALF-KIMASEE PUNCHING ()

HALF-KIMASEE CENTER PUNCHING ()

SPARRING

TECHNIQUE () FOOTWORK () TIMING () KICKS () BLOCKS () GUARD () PUNCHES ()

FOCUS () STANCE () DISCIPLINE () RESPECT () SELF-CONTROL () GOOD SPORTSMANSHIP ()

COMMENTS: _____

TEST RESULTS

PASS+ _____ PASS _____ PASS- _____ RE-TEST _____

INSTRUCTOR _____