



# UNITED MARTIAL ARTS JR TESTING APPLICATION

## **DUE THIS WEEK**

NAME \_\_\_\_\_

EMAIL \_\_\_\_\_

CURRENT RANK \_\_\_\_\_

**ALL TESTS WILL BE HELD AT 2110 WEST SUPERIOR ST \*NO CLASSES DURING TESTING WEEK\*  
PLEASE ATTEND THE BELT TEST OF YOUR CURRENT RANK\* ANY MAKE UP TEST WILL BE UPON  
APPROVAL ONLY AND WILL INCUR AN ADDITIONAL FEE**

### **TEST TIMES**

ALL BLACK BELTS – MONDAY, MARCH 11<sup>TH</sup> @ 5:00PM

ALL BLACK BELT CANDIDATES (RED/BLACK) – MONDAY, MARCH 11<sup>TH</sup> @ 6:30PM

WHITE/YELLOW BELTS – TUESDAY, MARCH 12<sup>TH</sup> @ 5:00PM

ORANGE/BLUE BELTS – TUESDAY, MARCH 12<sup>TH</sup> @ 6:30PM

GREEN/PURPLE BELTS/BROWN AND SOLID RED BELTS – THURSDAY, MARCH 14<sup>TH</sup> @ 5:00PM

### **TEST FEES**

\*STANDARD TEST FEE-\$40.00

\*BLUE BELT TEST - \$105.00 (INCLUDES CUSTOM UNIFORM)

\*PHASE 1 BLACK BELT TEST - \$145.00 (INCLUDES CUSTOM UNIFORM/CERTIFICATE)

\*FULL JR BLACK BELTS – \$160.00 (INCLUDES CUSTOM UNIFORM/CERTIFICATE/CUSTOM BELT)

### **TRADITIONAL WORK**

HORSE STANCE ( ) HAND POSITION ( ) FOCUS ( ) ENERGY ( )

### **SPARRING FORM**

FIGHTING STANCE ( ) NET BLOCK ( ) BACK FIST ( ) RIDGE HAND ( ) BACK LEG ROUND KICK ( ) WHIP KICK ( )  
FOCUS ( )

### **SPARRING**

TECHNIQUE ( ) FOOTWORK ( ) TIMING ( ) KICKS ( ) BLOCKS ( ) GUARD ( ) PUNCHES ( )

FOCUS ( ) STANCE ( ) DISCIPLINE ( ) RESPECT ( ) SELF-CONTROL ( ) GOOD SPORTSMANSHIP ( )

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_

### TEST RESULTS

PASS+ \_\_\_\_\_ PASS \_\_\_\_\_ PASS- \_\_\_\_\_ RE-TEST \_\_\_\_\_

INSTRUCTOR \_\_\_\_\_